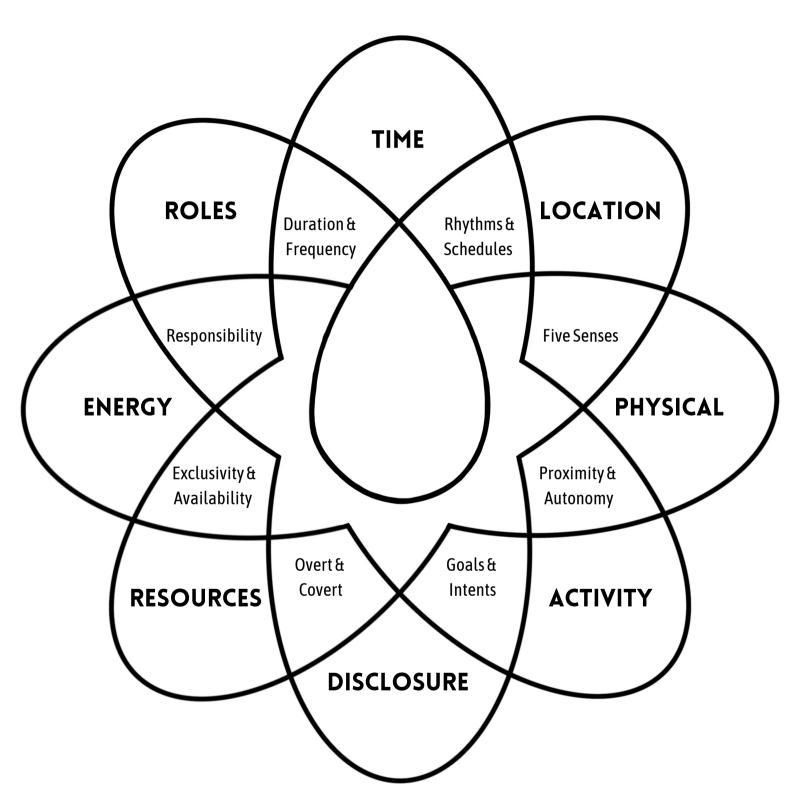
BOUNDARIES IN EIGHT DIMENSIONS



Boundaries help us know what to let in, not just keep out.

Anne Thompson, LPC, 2022 www.therapyandwellnessforwomen.com