

ANNE THOMPSON, LPC PSYCHOTHERAPY & CONSULTATION

304 Main Street, Farmington, CT 06032
860.470.6211 • annethompsonlpc.com
annethompsonLPC@gmail.com

PROFILE

Licensed Professional Counselor working in private practice, with a specialization in female/ femme and gender-expansive experiences of trauma, dissociation and sexual health needs.

EXPERIENCE

Private Practice, Farmington, CT

10/2016 - PRESENT

Licensed Professional Counselor, specializing in trauma-specific treatment models for adults identifying with female/femme and gender-expansive experiences and presenting with a range of symptoms related to complex PTSD and dissociative disorders. Sex therapy is integrated into treatment as indicated.

Antioch University New England, Keene, NH

9/2021 - PRESENT

Part-time Faculty, teaching in the Clinical Mental Health Counseling Department. Courses: Assessment & Testing; Diagnosis & Treatment; Foundational Skills; Group Counseling; Practicum.

Wheeler Clinic, Plainville, CT

3/2014 - 1/2017

Associate Director, provided administrative and clinical oversight for: Adult Outpatient Programs (including role in the transition of a status to a Federally Qualified Health Care center); Community Response Team (providing 24/7 mobile crisis services); Helpline Program (24/7 telephone crisis service); Latino Outreach Program (community program reducing stigma of addiction).

PROJECT

The 8 Dimensions of Boundaries, conceptualized and developed a framework organizing boundaries within eight dimensions that are dynamically interdependent, simultaneously concrete and psychological. Presented at:

- AASECT Annual Conference, 2024
- American Counseling Association, ACES, 2023
- Woodhull's Sexual Freedom Summit, 2022
- Oxford College of Emory University, 2022
- CT Women's Consortium, 2020; 2021; 2022

SPECIALIZED TRAINING

EMDR Basic Level 1 & 2,
Humanitarian Assistance
Program, 2016

Advanced Seminar: Integrating
Structural Dissociation, Ego
State, and EMDR Therapies,
taught by F. Lobenstein,
LICSW, 2017-2018

Yale Leadership Program in
Behavioral Health: Women in
Leadership, 3/2016-11/2016

Antioch University Seattle,
Certificate in Sex Therapy,
9/2022-9/2023

EDUCATION

Antioch University New
England, Keene, NH
MA in Clinical Mental Health
Counseling, Concentration in
Substance Abuse & Addictions
Counseling, 2010

Wesleyan University,
Middletown, CT
BA in Studio Arts, 2002

ADDITIONALLY

Trained in letterpress printing
and bookmaking, with Robin
Price, Publisher, 1999-2010

Musician in community honk
bands: alto saxophone and
clarinet, 2014 to present.