

ANNE THOMPSON, LPC PSYCHOTHERAPY & CONSULTATION

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PROFILE

Licensed Professional Counselor & AASECT Certified Sex Therapist working in private practice.

EXPERIENCE

Private Practice, Farmington, CT

10/2016 - PRESENT

Licensed Professional Counselor, specializing in sex therapy for trauma-specific treatment models for adults presenting with a range of symptoms related to complex PTSD, dissociative disorders, and sexual health needs.

Antioch University New England, Keene, NH

9/2021 - PRESENT

Senior Lecturer in the Clinical Mental Health Counseling Department. Courses taught: Addictions; Assessment & Testing; Diagnosis & Treatment; Foundational Skills; Group Counseling; Practicum.

Wheeler Clinic, Plainville, CT

3/2014 - 1/2017

Associate Director, provided administrative and clinical oversight for: Adult Outpatient Programs (including role in the transition of a status to a Federally Qualified Health Care center); Community Response Team (providing 24/7 mobile crisis services); Helpline Program (24/7 telephone crisis service); Latino Outreach Program (community program reducing stigma of addiction).

PROJECT

The 8 Elements of Boundaries, (previously *8 Dimensions of Boundaries*) conceptualized and developed a framework organizing boundaries that are dynamically interdependent, simultaneously concrete and psychological. Presentations include:

- AASECT Annual Conference, 2024
- American Counseling Association, ACES, 2023
- Woodhull's Sexual Freedom Summit, 2022
- Oxford College of Emory University, 2022
- CT Women's Consortium, 2020; 2021; 2022

SPECIALIZED TRAINING

EMDR Basic Level 1 & 2, Humanitarian Assistance Program, 2016

Yale Leadership Program in Behavioral Health: Women in Leadership, 3/2016-11/2016

Advanced Seminar: Integrating Structural Dissociation, Ego State, and EMDR Therapies, taught by F. Lobenstein, LICSW, 2017-2018

Antioch University Seattle, Certificate in Sex Therapy, 9/2022-9/2023

EDUCATION

Antioch University New England, Keene, NH
MA in Clinical Mental Health Counseling, Concentration in Substance Abuse & Addictions Counseling, 2010

Wesleyan University, Middletown, CT
BA in Studio Arts, 2002

ADDITIONALLY

Trained in letterpress printing and bookmaking, with Robin Price, Publisher, 1999-2010

Musician in community HONK! bands: alto saxophone and clarinet, 2014 to present.